



TheSoundWell Vibro- Therapy

Sonic harmonic ergonomic waves equipment to reduce pain, stress, insomnia and anxiety & boost vitality in a comforting, gentle, and effortless way



We at TheSoundWell Vibro-Therapy, manufacture and assemble mats, recliners, pillows, sonic harmonic pets, sound tables, soundbath bags & soundbath bedding kits.

You simply lay on a mat, or hug a pillow, or lie on a sound bath topper, or cover your body under a sonic weighted blanket. You select and stream a single low sound frequency from a mobile device, and... let go...

You feel sonic waves hugging and rinsing you from within and acting to reset-reboot-recharge your inner systems.

We are using the original Vibroacoustic therapy frequencies invented by [Olav Skille](#) (Norway /Finland) and rely on his wisdom design of our equipment.

I, Avigaili Berg - founder of TheSoundWell Vibro-therapy, was fortunate to be Olav Skill's personal student and we exclusively represent him in the Americas and other parts of the world.

Vibroacoustic Therapy is a generic, holistic and integrative sonic cellular wellness therapy and self care tool to calm the body, clear the mind and recharge vitality. You could use it as independent therapy or in conjunction with other physical or psychotherapy.

Some of our frequencies help reduce pain and stress in different parts of the body. Others help reduce insomnia and anxiety, and yet others, help you sink into serenity, deep meditation, and self-hypnosis.

We educate and consult organizations and businesses to improve wellness-wellbeing of their employees with our solutions.

With our sonic ergonomic equilibrium platform, we blend our fresh wellness perception called: "*Wellness on demand, Demand Wellness*" which includes: healthy food, body movement, reducing stress, sleeping well, personal creativity, and echo friendly physical and social atmosphere.

Our Sonic Ergonomic Vibroacoustic Therapy solutions serve as preventive lifestyle equipment to address mild acute unbalanced conditions and to increase life quality to people with disabilities and chronic diseases.

In the self care and personal development fields, it is used to increase performance, replace bad habits with better habits, increase learning capabilities, attentiveness and creativity.

We close the gap between therapeutic modalities and self care tools, to calibrate, attune, adjust, align, harmonize inner systems, to reach dynamic balance and optimize the usage of vitality.

Contact us to learn more of how you could utilize our solutions in your personal and in your workplace environment.

We can show you how to engage clients to be truthful and loyal partners and ambassadors to your business.

Be Well,

Avigail Berg
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